

Pocket Posh Dining Out Calorie Counter: Your Indispensable Guide to Healthful Dining



Counting Calories Has Never Been So Easy

Are you tired of guessing at the calorie content of your restaurant meals? Do you want to make healthier choices when you eat out, but don't know where to start? The Pocket Posh Dining Out Calorie Counter is the perfect solution for you.



Pocket Posh Dining Out Calorie Counter: Your Guide to Thousands of Foods from Your Favorite Restaurants

★★★★☆ 4.1 out of 5

Language : English
File size : 23370 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 112 pages



This handy little book contains over 15,000 entries for popular restaurant dishes, including everything from appetizers to desserts. Each entry includes the calorie count, as well as the fat, protein, and carbohydrate content. So you can make informed choices about what you eat, and stay on track with your weight loss or healthy eating goals.

The Pocket Posh Dining Out Calorie Counter is small enough to fit in your pocket or purse, so you can take it with you wherever you go. It's the perfect way to make healthy choices when you're eating out, and it's a great way to stay on track with your weight loss or healthy eating goals.

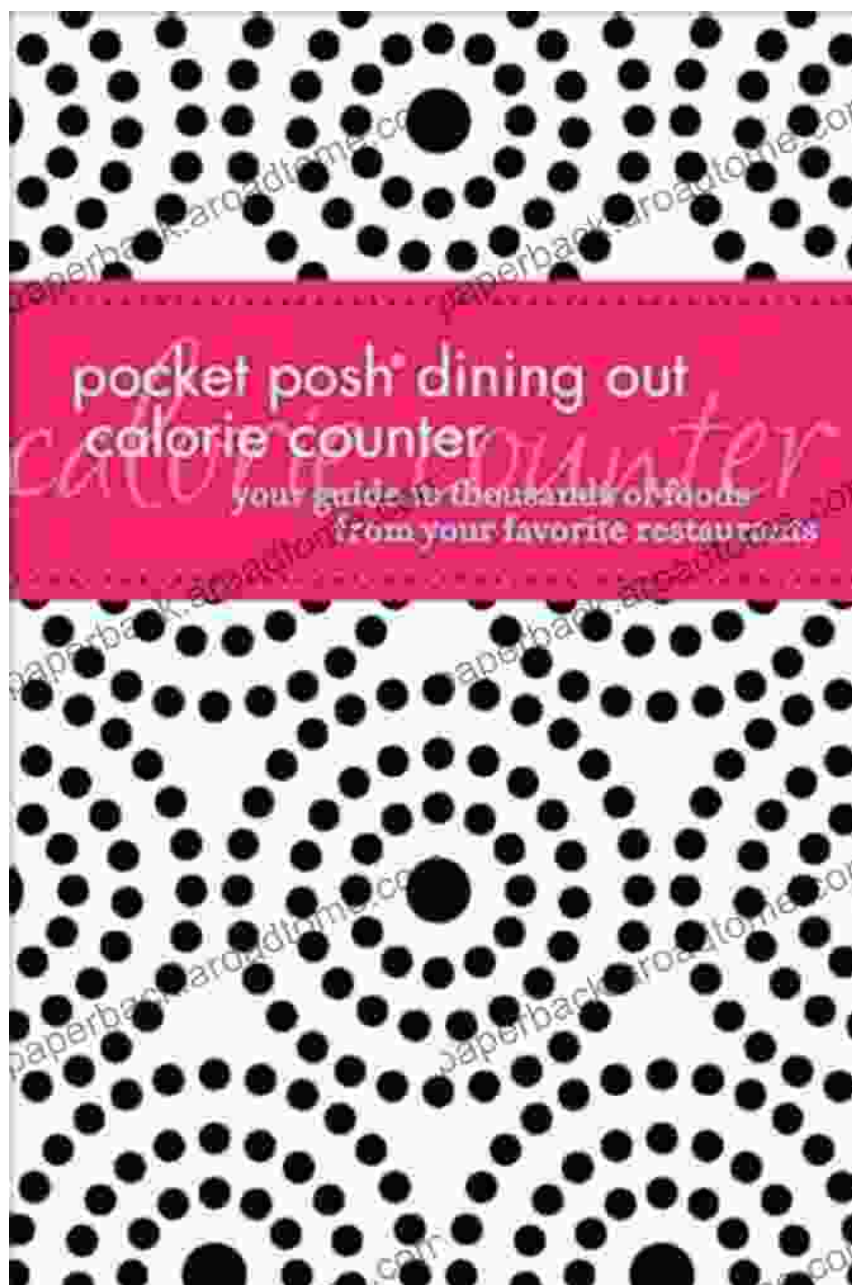
Here are just a few of the benefits of using the Pocket Posh Dining Out Calorie Counter:

- Make informed choices about what you eat when you're dining out.
- Stay on track with your weight loss or healthy eating goals.
- Avoid overeating by knowing the calorie content of your meals.
- Make healthier choices for your family and friends.

- Small enough to fit in your pocket or purse, so you can take it with you wherever you go.

Free Download Your Copy Today!

The Pocket Posh Dining Out Calorie Counter is the perfect way to make healthy choices when you're eating out. Free Download your copy today and start losing weight or eating healthier tomorrow!

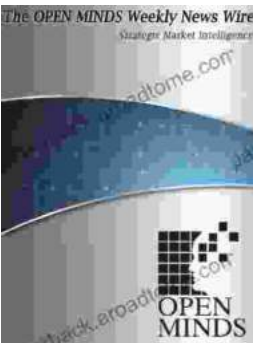




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