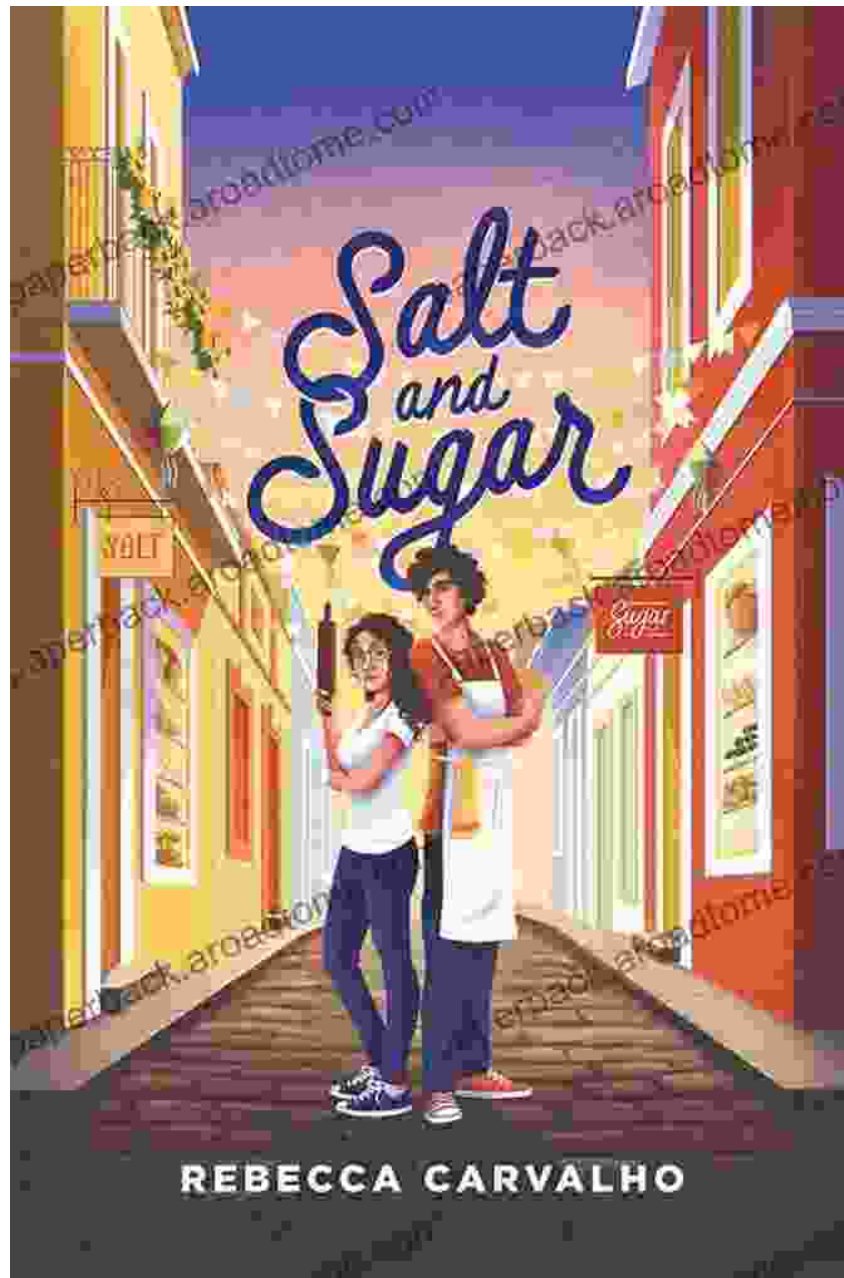


Like Sugar And Salt: A Memoir of Food, Family, and Finding Home

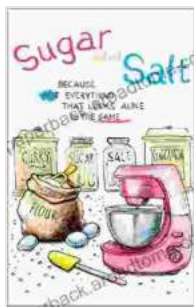


By Susan Jane Gilman

In her memoir, *Like Sugar And Salt*, Susan Jane Gilman explores the complex and often contradictory relationship between food, family, and

home. Through a series of personal essays, Gilman traces her journey from a childhood filled with food insecurity to a adulthood where she finds solace and connection in the kitchen. Along the way, she grapples with questions of identity, culture, and the meaning of home.

Gilman's writing is both lyrical and deeply personal. She writes about her family's struggles with poverty, her own experiences with disordered eating, and the ways in which food has shaped her life. She also writes about the power of food to bring people together and to create a sense of belonging. In one particularly moving essay, Gilman describes how she makes her grandmother's traditional Passover dishes every year, even though she is not Jewish. She writes, "I make these dishes not because I believe in God, but because I believe in my grandmother. I make them because I want to feel connected to her, and to the generations of women who came before me."



Like Sugar and Salt: Because not everything that seems alike is the same.

★★★★★ 5 out of 5

Language	: English
File size	: 79580 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 32 pages
Lending	: Enabled

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Like Sugar And Salt is a beautifully written and thought-provoking memoir that will resonate with anyone who has ever struggled with the complexities

of food, family, and home. Gilman's insights are both sharp and compassionate, and her writing is sure to stay with you long after you finish reading.

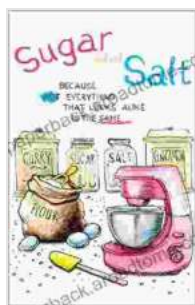
Praise for *Like Sugar And Salt*

"A beautifully written and thought-provoking memoir that will resonate with anyone who has ever struggled with the complexities of food, family, and home."— *The Washington Post*

"Gilman's writing is both lyrical and deeply personal. She writes about her family's struggles with poverty, her own experiences with disFree Downloaded eating, and the ways in which food has shaped her life. She also writes about the power of food to bring people together and to create a sense of belonging."— *The New York Times*

"Like Sugar And Salt is a must-read for anyone who is interested in the complex relationship between food, family, and home."— *NPR*

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