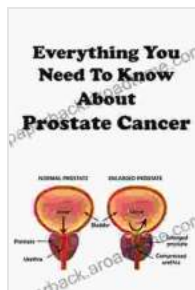


Everything You Want to Know About Prostate Cancer

What is prostate cancer?

Prostate cancer is a cancer that develops in the prostate gland. The prostate gland is a small, walnut-sized gland that is located just below the bladder in men. The prostate gland produces fluid that helps to nourish and protect sperm.



Everything You Want to Know About Prostate Cancer

★★★★★ 5 out of 5

Language	: English
File size	: 442 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 24 pages
Lending	: Enabled



What are the symptoms of prostate cancer?

Prostate cancer often does not cause any symptoms in its early stages. As the cancer grows, it may cause symptoms such as:

- * Difficulty urinating
- * Frequent urination
- * Blood in the urine or semen
- * Pain in the lower back, pelvis, or thighs
- * Erectile dysfunction
- * Loss of appetite
- * Weight loss

What are the risk factors for prostate cancer?

The risk of prostate cancer increases with age. Other risk factors for prostate cancer include:

* Family history of prostate cancer * African American race * Obesity * High-fat diet

How is prostate cancer diagnosed?

Prostate cancer is diagnosed with a blood test called a prostate-specific antigen (PSA) test and a digital rectal exam (DRE). A PSA test measures the level of PSA in the blood. PSA is a protein that is produced by the prostate gland. A high PSA level may indicate the presence of prostate cancer. A DRE is a physical exam of the prostate gland. The doctor will insert a finger into the rectum to feel the prostate gland for any abnormalities.

How is prostate cancer treated?

The treatment for prostate cancer depends on the stage of the cancer and the patient's overall health. Treatment options include:

* Surgery * Radiation therapy * Chemotherapy * Hormone therapy * Targeted therapy * Immunotherapy

What is the prognosis for prostate cancer?

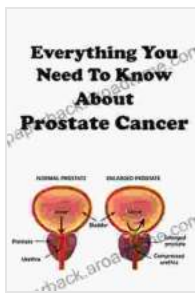
The prognosis for prostate cancer depends on the stage of the cancer and the patient's overall health. The earlier the cancer is diagnosed and treated, the better the prognosis.

How can I prevent prostate cancer?

There is no sure way to prevent prostate cancer, but there are some things you can do to reduce your risk, such as:

- * Eat a healthy diet
- * Exercise regularly
- * Maintain a healthy weight
- * Limit alcohol intake
- * Quit smoking

Prostate cancer is a common cancer among men, but it is also one of the most treatable. If you are diagnosed with prostate cancer, it is important to work with your doctor to develop a treatment plan that is right for you. With early diagnosis and treatment, most men with prostate cancer can live long, healthy lives.



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