

# Breaking Up and Making Up: A Journey of Self-Discovery and Love

In her captivating memoir, *Breakup to Makeup*, Lanie Stevens bares her soul, sharing the intimate details of her tumultuous relationship with her ex-boyfriend, Jake.

From the initial heady days of falling in love to the bitter end of their relationship, Stevens paints a vivid picture of the highs and lows of a passionate and ultimately doomed love affair.



## Summary of Lanie Stevens's Breakup to Makeup

★ ★ ★ ★ ★	5 out of 5
Language	: English
File size	: 1397 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 13 pages



Through her raw and honest writing, Stevens explores the complex emotions that accompany a breakup: the pain, the anger, the confusion, and the longing for reconciliation.

But *Breakup to Makeup* is more than just a story of heartbreak. It is also a story of self-discovery and growth.

As Stevens navigates the aftermath of her breakup, she learns to lean on her friends and family for support. She discovers new passions and interests. And she begins to heal the wounds inflicted by her relationship with Jake.

Ultimately, Breakup to Makeup is a story of hope and redemption. It is a reminder that even after the most painful of breakups, it is possible to move on and find love again.

### **What Readers Are Saying**

"Breakup to Makeup is a powerful and moving memoir that will resonate with anyone who has ever experienced the pain of a breakup. Lanie Stevens writes with raw honesty and vulnerability, sharing her journey of self-discovery and growth in a way that is both inspiring and heartbreaking." — **Sarah Jessica Parker**

"A must-read for anyone who has ever been through a breakup. Lanie Stevens' writing is honest, raw, and relatable. She doesn't sugarcoat the pain of heartbreak, but she also shows that it is possible to heal and move on." — **Emily Giffin**

"Breakup to Makeup is a beautifully written and deeply moving memoir. Lanie Stevens' journey of self-discovery and growth is an inspiration to us all." — **Elizabeth Gilbert**

### **About the Author**

Lanie Stevens is a writer, speaker, and entrepreneur. She is the founder of the popular blog, The Breakup Diaries, which has helped millions of people navigate the aftermath of a breakup.

Stevens has been featured in numerous media outlets, including The New York Times, The Washington Post, and The Today Show.

She lives in Los Angeles with her husband and two children.

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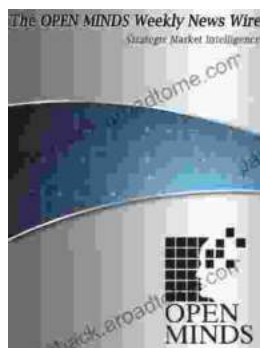
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